

Creative Background and Publications

Dr. Garland's unpublished narrative, *The Transition* is the first-place winner for the Florida Writer's Association's 2016 Royal Palm Literary Award in Creative Nonfiction. Additionally, close to 3,000 email subscribers read her creative nonfiction each week on her blog, [Kwoted](#).

Garland, Kathy. "3 Ways to Rethink your Valentine's Day Rhetoric." *KPB Mag*, <http://www.knucklepopbrand.com/KPBMAG/2017/02/13/3-ways-to-rethink-your-valentines-day-rhetoric/>. Accessed 13 Feb. 2017.

Garland, K E. *The Unhappy Wife*. Katherin Garland, 2016.

Garland, K E. "I'm a Black Natural-Haired Woman, I Travel and I'm Tired of Microaggressions." *For Harriet*, <http://www.forharriet.com/2016/02/im-black-natural-haired-woman-i-travel.html#axzz40HAAKkvx>. Accessed 15 Feb. 2016.

Garland, K E. "Transient." *Talking Soup*, <http://talkingsoup.com/soup-bowl/transient>. Accessed 13 Jan. 2016.

Garland, K E. [Kwoted](#). Katherin Garland, 2015.

Garland, Katherin. "Rethinking Cancer Awareness." *South Florida Times*, <http://www.sfltimes.com/health-and-fitness/rethinking-cancer-awareness>. Accessed 28 Oct. 2015.

Garland, Kathy. "Natural Responses: Learning to Tune Out Feedback on My Natural Hair." *For Harriet*, <http://www.forharriet.com/2014/03/natural-responses-learning-to-tune-out.html#axzz3kdbmuCaO>. Accessed 12 Mar. 2014.